

SNL OVER-TIME AND PENALTY SHOT PROCEDURE

SNL League Games - Overtime Period and Penalty Shot Shootout Procedure

All SNL league games when tied at the end of regulation time, proceed to 5 mins sudden death 3 on 3 overtime.

Where no goal is scored a best of 3 penalty shot scenario will take place. If teams are still tied, sudden death penalty shots will take place until a winner is decided.

The first three shot takers can repeat after every third shot.

SNL Scottish Cup Games – Overtime and Penalty Shot Shootout Procedure

All SNL Scottish cup two leg ties go straight to 3 penalty shots when required, EXCEPT the final where 5 mins of 4 on 4 will take place followed by 3 penalty shots, then if needed sudden death penalty shots to decide the winner. Again, shot takers can repeat after every third shot.

SNL Playoff first round – Overtime and Penalty Shot Shootout Procedure

SNL playoff first round, two leg ties, where drawn at the end of the second leg regulation time, will proceed to 3 penalty shots and if required sudden death penalty shots as per SIH handbook. Again, the first three shot takers can repeat after every third shot.

SNL Playoff Semi-Final and Final – Overtime and Penalty Shot Shootout Procedure

SNL playoff semi and final will go to 5 mins overtime 4 On 4 followed by 3 penalty shots then sudden death shots when required as per SIH handbook. Again, the first three shot takers can repeat after every third shot

Stuart Robertson Cup Games

In Stuart Robertson Cup games due to ice time restrictions no overtime or penalty shots will take place in any of the round robin games.

Semi-final and final games when tied after the second leg, will be decided with overtime and penalty shots as per Scottish Cup Games criteria.

Where two teams are tied for the top spot in either East or West after the round robin games the deciding factors shall be:

1. Results against each other
2. Total goals scored
3. Least goals conceded
4. Least penalty minutes.

For the avoidance of doubt, please note that in any penalty shot situation, any player under penalty from either regulation or overtime will not be allowed to take part (as referenced under rule 63 above.